Sourdough services and the services of the ser

May 13, 2005 Elmendorf Air Force Base, Alaska Vol. 56, No. 19





Road work

Senior Airman Diamond Fenderson 3rd Civil Engineer Squadron, is one of many Arctic Warriors who volunteered Friday to pick up trash along the Glenn Highway between Boniface Parkway and Muldoon Road as part of Elmendorf's clean up efforts on base and in the local community.



Brig. Gen. Michael Snodgrass 3rd Wing Commander

Do you have a problem you can't seem to get solved? Would you like to recognize someone for a job well done?

The commander's action line is your avenue to communicate your questions, comments and concerns directly to the commander, Brig. Gen. Michael Snodgrass. Your calls will get the commander's personal attention and be answered in a timely manner.

If you have a question, call or e-mail the action line at:

552-2224 actionline@elmendorf.af.mil

The following commanders stand ready to help you and can answer the majority of your questions. If they can't help, then please call the Action Line.

Key phone numbers:

Col. Christopher Thelen, 3rd CES/CC 552-3007 Lt. Col. David Aupperle, 3rd SVS/CC 552-2468

Lt. Col. Robert Garza, 3rd SFS/CC

Club pricing raises questions on service

Q: As an active-duty member assigned to Elmendorf I have a question on the price of lunch/dinner functions at the Susitna Club. I just received a flyer for a luncheon at the Hilton Hotel downtown for Federal Employee of the Year. The price for their halibut dinner and all the fixings plus dessert is \$17 advance tickets and \$20 at the door.

I also received a flyer for a farewell luncheon at the Susitna Club with halibut dinner and no dessert for \$16.35 for nonmembers and \$14.35 for members. In order to receive the member price for myself, I would also have to pay the \$7 monthly dues. I understand this is also for other services discounts.

I attended a military function, Christmas dinner, at the Hilton Hotel this past Christmas and the food, service, and facility are no comparison to the Susitna Club. The Hilton is a world class facility with service and

food to match. The price we paid was almost the same for similar functions at the Susitna Club. I have also attended luncheons at the Susitna Club and honestly can say they are not on the same level of service or quality but we are paying comparable rates to downtown facilities.

My question is, are the military getting comparable service at the Susitna Club versus some place like the Hilton Hotel for pretty close to the same price?

A: Thank you for the opportunity to explain how our clubs operate.

All Air Force clubs are self-sustaining and face many of the same expenses as off-base establishments do. The staff periodically surveys local restaurants, and the results regularly indicate that the club's prices are very competitive. In fact, the halibut luncheon you referred to at the Hilton normally costs \$24 per person, however, the organization sponsoring the event chose to subsidize the cost.

Our club offers excellent service at affordable prices to its members. While it's true that only club members can receive discounts within the club, such as \$2 off the regular lunch price and \$3 on evening dining, members are also afforded additional benefits at many Services activities via a 10 percent discount on resale merchandise and services through the 3rd Services Squadron's Passport to Fun Program. This can more than offset the monthly club dues rate depending on how often you visit and enjoy Services activities and pro-

As you are well aware, the Hilton and other well-known corporations in the hospitality business offer exceptional services. Our club strives to do the same for its membership and I hope you will continue to enjoy the services they provide.



Tech. Sgt Preston Stucky,

3rd Equipment Maintenance Squadron, distinguished himself by his outstanding performance, while researching and sourcing critical power converters needed in order to deploy T-170 and T-197 test sets. He quickly isolated multiple tester failures to "dirty" power being emitted from mobile generator sets and obtained a temporary power converter. Acquisition of these critically needed converters will enhance the 3rd Wings's F-15C/D/E weapons system reliability.

Airman 1st Class Phong Pham, 12th Fighter Squadron, was instrumental in revitalizing the 12th Fighter Squadron's break room. He boosted morale by fully using the area and removing unused equipment. He also voluntarily provided transportation to the squadron for a newly arrived Airman. Airman Pham took the time to familiarize the new arrival with the base and the Anchorage area. His efforts demonstrate the great dedication Airman Pham has to the Air Force and its members.

Tech. Sgt. Jason Gamiere and Staff Sgt. Mark **Trevino**, both from the 3rd Communications Squadron, were vital to a major upgrade to the network backup system. Due to their diligent preparation, Elmendorf was the first base in Pacific Air Forces to be upgraded. They ensured the new software reliably backed up all e-mail and data on Elmendorf's network. They also enhanced the original PACAF design which increased backup speed by 33 percent. Their improvements are now being reviewed by PACAF for command-wide implementation.

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Best in DoD 2000 **Best in Air Force** 1999, 2000 & 2001 **Best in PACAF** 1998, 1999, 2000 & 2001

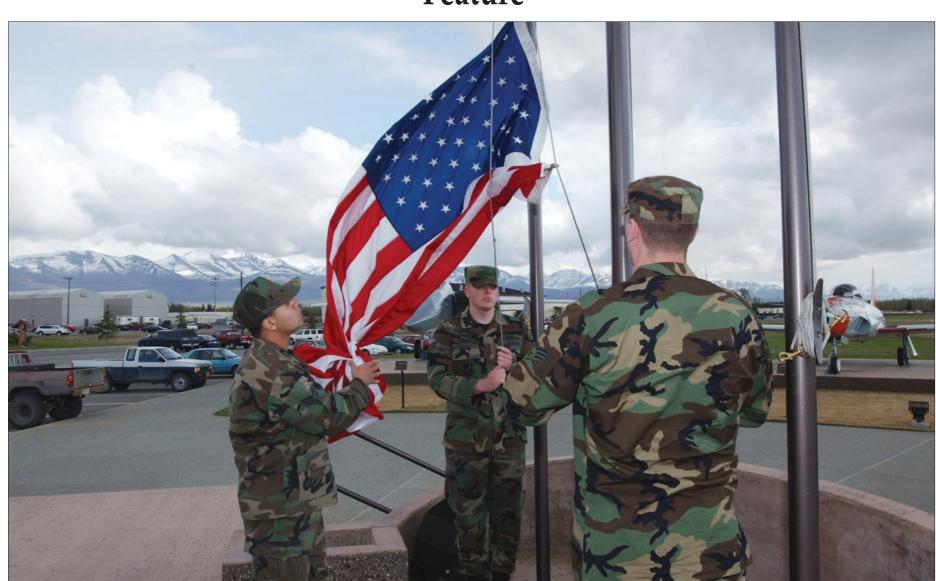
Editorial Staff Brig. Gen. Michael Snodgrass 3rd Wing Commander Lt. Col. Michael Halbig Chief, Public Affairs Tech. Sgt. Mike Edwards NCOIC, Internal Information Senior Airman Amy Morrissette Staff Writer Staff Sgt. Prentice Colter

Photographer

3rd Wing Moment in History May 3, 1970:



The 604th Special Operations Squadron flew its last A-37A combat test sortie. More than 165,000 combat test sorties were flown by 3rd Wing pilots in the A-37A from 1965-1970.



PHOTOS BY STAFF SGT. PRENTICE COLTER

Senior Airman Alexander Collazo, 3rd Civil Engineer Squadron, gathers the base flag as Senior Airman Jason Casey, 3rd Aircraft Maintenance Squadron, and Senior Airman Neil Boots, 3rd Medical Group, lower it during the first retreat ceremony of the season May 4 at Heritage Park.

Retreat ceremonies set for Wednesdays

By Senior Airman Amy Morrissette 3rd Wing Public Affairs

The 3rd Wing held its first retreat ceremony of the season at Heritage Park May 4. The ceremony serves a two-fold purpose: it signals the end of the official duty day and serves as a ceremony to pay respect to the flag. For the second year, Elmendorf's Professional Military Education Center was the first organization to step up and participate in the ceremony.

"The PME Center was honored to take part in the first ceremony for the base so we could demonstrate the commitment and professionalism of our staff and students," said Chief Master Sgt. Tim Carroll, PME Center commandant.

"It was a great feeling to stand out there with such a great group of professionals and honor our nation's flag."

"The 3rd Wing commander (Brig. Gen. Michael Snodgrass) was in attendance along with the Air Force Band of the Pacific and two flights plus their cadre," said 1st Lt. Lynn Lightfoot, 3rd Wing executive officer and retreat scheduler.

According to Lieutenant Lightfoot, retreat ceremonies are slated for Wednesdays at 5 p.m. While the formations are provided by specific groups for

each ceremony, everyone is invited to attend and are asked to stand outside of the formation.

"Each group will get the opportunity to participate, and when scheduling permits the 3rd Operations Group will schedule a flyover with each of their squadrons," said Lieutenant Lightfoot.

"The Air Force Band of the Pacific will provide music the first Wednesday of each month when possible."

The retreat schedule through June will be as follows: May 25 will be the 3rd Medical Group; June 1 will be the Mission Support Group; June 8 will be the Wing Staff Agencies; June 15 will be the 3rd Maintenance Group; June 22 will be the PME; and June 29 will be the 3rd OG.

"Groups may contact their respective chiefs for a complete retreat schedule," said Lieutenant Lightfoot.

For more information about retreat ceremonies, contact your group chief.

Retreat: Rendering respect

On military installations, the flag is lowered at the end of each day in a ceremony called "Retreat." Usually, the bugle is sounded and is followed by the playing of the "National Anthem" or "To the Colore"

If you're outside, stop what you're doing and face the flag (if visible) or the music.

If you're in uniform, stand at parade rest, then come to attention and salute during the music. If in civilian clothes, come to attention, remove your hat (if you're wearing

one), and place your right hand over your heart when the National Anthem begins to play.

If you're driving a vehicle and see a flag ceremony or hear the music, stop and sit at attention until the music ends; your passengers



Above: Arctic Warriors, including Brig. Gen. Michael Snodgrass (back, center), 3rd Wing commander, salute during the "National Anthem." Above, right: Tech. Sgt. Sam Cliff, Air Force Band of the Pacific, plays ceremonial music during retreat along with the rest of the band.

Two people convicted in recent courts-martial

By Master Sgt. Shannon Payne 3rd Wing Legal Office

A Staff Sergeant and a Senior Airman were recently tried and convicted of charges in seperate courts-martial.

Staff Sergeant Kendrick
Hagwood, 3rd Security Forces
Squadron, pled not-guilty at a summary court-martial April 11.
He was charged with failing to remain alert while posted guarding the flightline. He was also charged with failing to keep his subordinate alert.

Oxazepam during the spring of 2004, wrongfully using cocain in February, and wrongfully appropriating a Chevrolet Suburb also in the spring of 2004.

Airman Wilkins was found guilty of the charged offenses.
He was sentenced to be reduced to the grade of Airman Basic,

After hearing both the government's and defense's case the summary court officer, Maj. Todd Stanage, found Sergeant Hagwood guilty of both offenses. Major Stanage sentenced Sergeant Hagwood to \$1,000 forfeiture.

At the other trial, Senior Airman Shawn Wilkins pled guilty at a general court-martial before a military judge April 25. He was charged with being absent without leave in February, wrongfully using cocaine, marijuana, and Oxazepam during the spring of 2004, wrongfully using cocaine in February, and wrongfully appropriating a Chevrolet Suburban, also in the spring of 2004.

Airman Wilkins was found guilty of the charged offenses. He was sentenced to be reduced to the grade of Airman Basic, confined for 14 months, forfeit all pay and allowances, and given a bad conduct discharge. Airman Wilkins had less than four years of service. After the sentence was announced, he immediately began serving his sentence.

Airman separated for misconduct

Driving under influence puts early end to career

An basic airman from the 732nd Air Mobility Squadron was administratively discharged for misconduct April 21.

The basis for the discharge was two Article 15s, one for driving under the influence and the second for willfully failing to obey a lawful order.

As a result of his misconduct, he received a general discharge.

Proposed BRAC list available

Master Sgt. Mitch Gettle Air Force Print News

The secretary of defense is expected to announce the proposed Base Realignment and Closure list during a press conference today.

Air Force officials said they understand the effect BRAC can have on servicemembers, retirees, employees and their families.

To assist people with vital BRAC information, the Air Force has a toll-free number, (888) 473-6120, for military and civilian members affected by the BRAC list. Besides the toll-free phone number, the Air Force has an informative BRAC Web page at www.af.mil/brac.

"This number will be available starting today from 8 a.m. to 8 p.m. (EDT) until further notice," said Col. Thomas Fleming, Air Force BRAC response cell director. "We will have trained people from 10 different Air Force organizations to answer or assist with any questions people may have."

Airmen can seek information through their chain of command. They may also contact the public affairs office at their nearest Air Force installation.

BRAC is the congressionally authorized process the Department of Defense uses to reorganize its base structure to more efficiently and effectively support its forces, increase operational readiness and facilitate new ways of doing business.

"People are our most valuable asset; and though BRAC is a careful and impartial analysis, people will be affected," Colonel Fleming said. "We care about our people, and we want to keep our people informed and provide them the best possible information on the changes that will affect them."

The Air Force Web page will have a breakdown of affected bases from the BRAC list, said Jeff Whitted, Air Force News Service operations division chief.

"We will also have links to frequently asked questions, news articles, and DOD and Air Force information concerning BRAC," he said. "As we receive new information, we will post it to this page."

Local communities surrounding these installations will also be affected. Communities can address their concerns with the president's commission at regional BRAC commission meetings or by contacting the commission at (703) 699-2950 for more information. Phone hours are 7 a.m. to 6 p.m. EDT, Mondays through Fridays.

The BRAC process will take months to be finalized. The secretary of defense's BRAC recommendations are not final. The president's BRAC commission will review the list for conformity with the office of the secretary of defense's force structure plan and published selection criteria and report its findings and conclusions to the president by Sept. 8.

Scouts to plant trees for Arbor Day

By Mr. Jon Scudder 3rd Wing Public Affairs Environmental

Boy and Girl Scouts will join Elmendorf officials on base Monday, to plant trees and celebrate the observance of Arbor Day.

The celebration is scheduled for 4:30 p.m. at the parade field adjacent to Pease Ave. and 16th Street. Col. Jim Sturch, 3rd Wing vice commander, will read a proclamation declaring May 16 as Arbor Day on Elmendorf.

The proclamation urges base members to support efforts to care for and plant trees for future generations.

"The Air Force places a high premium on caring for the environment," said Colonel Sturch. "Programs such as this demonstrate our dedication to preserving and protecting our vital natural resources as part of executing the Elmendorf mission."

Arbor Day is held in April around the globe, but because Alaska's weather is unpredictable, the state has designated Arbor Day as the third Monday in May.

The Arbor Day tradition began in 1872 when Sterling Morton proposed to the Nebraska Board of

Agriculture that a special day be set aside for tree planting.

Trees were not only missed in the open plains of Nebraska, but they were needed as windbreaks to keep soil in place, for fuel and building material, and for shade from the hot

The idea caught on and now, 133 years later, the day is observed throughout the world to encourage tree planting and tree care.

For communities that have a plan in place for planting and nurturing trees, the National Arbor Day Foundation recognizes the community with a Tree City U.S.A. award.

Elmendorf is one of five Tree City U.S.A.'s in Alaska. The other locations are Eielson Air Force Base, Fort Richardson, Fort Wainwright and Wasilla.

In order to be recognized, the communities must meet four requirements: having a tree board or department, a tree care ordinance, a community forestry program and an Arbor Day observance proclamation.

"We are grateful to be recognized, for the fifth year in a row, as a Tree City, U.S.A.," Colonel Sturch said.

"It shows the continual care and dedication of the base, and the Air Force as a whole, to continue caring for the environment we live in."

As the base moves into the summer growing season, base forestry officials are asking Elmendorf residents to continue

to protect the fragile environment, plant trees, and maintain and care for them.

More information about Arbor

Day and Tree City U.S.A. is at www.arborday.org.





TREE CITY USA®

Arctic Warriors of Week



STAFF SGT. SUE NUCKOLLS

Capt. Kimberlee Stamets

Duty title: 517th Airlift Squadron flight commander, B flight

Hometown: Portland, Ore.

Hobbies: Mountain biking, hiking, sports and reading

How she contributes to the mission: Flies airlift missions throughout

Alaska, the Pacific theater, and for Operation Enduring Freedom

Time at Elmendorf: Three years

Best part of being in Alaska: The outdoors

Commander's comments: "Captain Stamets is the embodiment of all our Air Force core values. I rely on her leadership daily to sustain our continu-

ous deployment to Uzbekistan." Lt. Col. Otto Feather



STAFE SCT DVAN MATTOY

Tech. Sgt. Allison Weeks

Duty title: 3rd Medical Operations Squadron noncommissioned officer

in charge of Life Skills Center **Hometown:** St. Cloud, Fla.

Hobbies: sewing, spending time with family and reading

How she contributes to the mission: Promotes healthy lifestyles and

assists when people have difficulties **Time at Elmendorf:** Five and a half years **Best part of being in Alaska:** Everything

Supervisor's comments: "Sergeant Weeks exemplifies the highest standards of the noncommissioned officer corps. Her outstanding leadership and unsurpassed initiative are evident in all she does. There hasn't been a challenge presented she was unable to conquer." Master Sgt. Pamela Rhude

Free movie night

The Armed Services YMCA is sponsoring a free movie night Sunday at 7 p.m. for the showing of *Guess Who*, PG-13, at the Base Theater. Active duty and their dependents can stop by the ASYMCA Office at Building 7179 to pick up tickets. For more information, call 552-9622.

Kung-Fu

Sign up for Flowing Combat Internal Kung-Fu today at the Arctic Oasis Community Center.

Classes will be offered Monday and Wednesday from 5-6:30 p.m. for \$40 per month. The first two lessons are free. This class is limited to 10 students. Must be 18 or older to participate. For more information, call 552-8529.

TRICARE info

Individuals who have questions regarding their TRICARE benefits or who have claims issues can contact TriWest directly at 1-888-TRI-WEST or by visiting their website at www. triwest.com.

If these options aren't satisfactory, individuals may contact the Beneficiary Counseling and Assistance Coordinator, Ms. Maria Hughes, by calling 580-2015.

Suicide prevention

All military and civilian members are required to attend one of the following suicide prevention briefings at the Base Theater to satisfy their annual training requirement: Wednesday at 3 p.m., June 6 at 3 p.m., June 8 at 7:30 a.m. and June 14 at 3 p.m. Call 580-1399 for more information.

Home buying seminar

The Housing Office is offering a Home Purchasing Seminar Monday at 1 p.m. The class will last two to three hours. Seating is limited, and early reservations are recommended. For more information, call 552-4439/4328.

Vacation Bible School

This year's Vacation Bible School will be June 13-17, from 9 a.m. to noon at Chapel 1. This special time is designed for children ages 6 to 6th grade.

Registration is limited and currently underway at Chapel 1 and 2 and the Chapel Center and must be completed by May 31. Volunteers are needed for this community service project.

Contact Peggy Brown at 646-4279 to volunteer or for more information.

Yard of the Month

Aurora Military Housing will be offering the Yard of the Month program. The objective is to foster owner pride, improve the beautification of yards, and enhance the overall appearance of the housing areas.

A winner will be selected the last Tuesday of the month from the four major housing areas beginning in June and ending in September. The criteria for selection will be based on mowing, trimming/edging, color and lawn

coverage. A \$200 prize will be awarded to each winner.

Refer to the Tenant Handbook or call Aurora Military Housing office at 753-1051 for additional details.

Kids run

The America's Kids Run Event will provide children an opportunity to participate in a fun run scheduled for May 20 at 4 p.m. with the age categories of 5-6, 7-8 and 9-13.

The five and six year olds run one-half mile, the seven and eight year olds run one-mile, and the nine to thirteen year olds run two-miles, with a finishline reward of an "America's Kids Run Tee-Shirt." For more information, visit www.americaskidsrun.org or call 552-2266.

Running in formation

All vehicle operators are reminded to use caution when they encounter units conducting 'fit runs' around the base

According to Wing Instruction 31-203, when overtaking and passing foot troops, all drivers will yield the right-of-way to all formations marching on a street or roadway on Elmendorf. The maximum speed while passing troops (from any direction) is 10 miles per hour.

If overtaking a formation going in the same direction, the operator will not pass the formation until signaled or motioned to by the troop commander.

If meeting a formation going in the opposite direction, the operator will reduce speed and pass with caution.



Chapel Schedule

Catholic Parish

■ Monday through Wednesday and Friday Mass:

- 11:30 a.m. at the Chapel Center Thursday Mass: 11:30 a.m.
- at the Hospital Chapel

 Sunday Mass: 10:30 a.m. at
- Chapel 1
 Sunday Evening Mass:
 5 p.m. at Chapel 2
- Confession: 6 p.m. Sundays at Chapel 2

Protestant Sunday

- Liturgical Service: 9 a.m. at Chapel 2
- Celebration Service: 9 a.m. at Chapel 1
- Gospel Service: noon at Chapel 1
- Fellowship Praise: 6 p.m. at Chapel 1

Religious Education

■ Catholic Religious

Education: Sunday at 9 a.m. at the Chapel Center.

■ Protestant Sunday School: 10:30 a.m. at the Chapel Center.

For more information, call the Chapel at 552-4422.



Riding safe is essential to enjoying motorcycles



TECH. SGT. DAVID CASE

Tech. Sgt. Steven McDonald, 3rd Contracting Squadron's motorcycle monitor, enjoys a sunny day with a ride on his motorcyle while wearing the proper safety gear.

By Senior Airman Amy Morrissette 3rd Wing Public Affairs

The thought of summer can immediately ignite ambitions of basking in the sun, barbecuing and, in the Great Land, king salmon fishing. For one group of people, it means this and another popular summer-defining activity: motorcycle riding.

Each year upon the start of motorcycle riding season, which began for Elmendorf April 14, safety considerations grow. Motorcycling can be very dangerous to even the safest, most experienced rider.

However, for 2005, there are a few additional motorcycle riding rules that every rider here and in the Pacific Air Forces in general must be familiar with. Tech. Sgt. David Case, 3rd Wing Safety motorcycle program manager, said these rules have the greatest effect on PACAF's first-time riders.

"The new requirements have come from

PACAF Supplement 1 to Air Force Instruction 91-207, which places very strict limitations on first-time riders. Specifically, there's an engine size limit of no more than 600cc's on all four-stroke motorcycles for all first-time riders and you cannot have a passenger," he said.

The supplement defines first-time riders as those having less than a year of riding experience. The supplement's new engine-size limitation is a concern for many first-time riders and those thinking about purchasing a bike, according to Sergeant Case.

"Since the motorcycle market has taken the 'more is better' mind set for engine size in recent vears, there aren't a lot of choices (of bikes less than 600cc's) out there," he said. "Riders should operate a machine that's good for their ability and size. They should have something they can handle.'

"Also under the supplement, experienced rid-

ers must receive refresher training in the form of the Experienced Rider's Course in front of a Motorcycle Instructor every three years (instead of taking the ERC one-time before they begin riding)," Sergeant Case said.

All riders, no matter how old, are now required also to be entered in the PACAF CARES Operational Risk Assessment Program, Sergeant Case added.

He said there are motorcycle monitors in every unit to assist riders with their questions and to enter them into the CARES program. "Elmendorf riders need to contact their unit motorcycle monitor and let them know their intentions to ride and their riding experience, as the monitors are required to keep track of all their riders for their commander."

In addition to the supplement, Elmendorf has riding rules of its own that riders must be familiar with and obey both on- and off-base. "Anyone with a Motorcycle Safety Foundation card, an M/C endorsed license, insurance and the proper personal protective equipment can ride on base," said Tech. Sgt. Rusty Schmidt, 3rd Wing assistant ground safety manager.

"Personal Protective Equipment for PACAF includes a Department of Transportation or Snell Foundation approved helmet, full-fingered riding gloves, long sleeves, long pants, sturdy foot wear, impact resistant goggles or a full face shield, and an international orange or lime green reflective vest with at least 138 square inches of reflective material."

As an added precaution, the Safety Office has added a new feature to the Topcover Web site this year, where a motorcycle safety tip is displayed almost every day. It may seem like a lot to take in, but motorcycle riding is "serious business" said Sergeant Case.

For new riders, Sergeant Case suggests to practice their riding skills everyday to build their confidence and capability, and getting to know their machine intimately. People definitely want to be safe rather than sorry, he added.

"Riders should also remember that there is still a lot of winter gravel and sand on the corners, which can cause them to lose traction if they're not paying attention. There's also a lot of wildlife out there," Sergeant Case said.

For more information about motorcycle riding on base, contact your unit motorcycle safety monitor.



Lt. Col. Jerry Johnson, commander

Unit Spotlight 3rd Equipment Maintenance Squadron MISSION:

The 3rd EMS supports the 3rd Wing's mission as a lead Air Expeditionary Force Wing, providing global power and global reach. They provide intermediate-level maintenance on 69 F-15, 18 C-130 and two E-3B aircraft. They also provide munitions, aerospace ground equipment, aircraft parts fabrication, armament suspension equipment, heavy on-and off-equipment maintenance, crash recovery, transient maintenance and the Air

Force's largest aircraft de-icing program.



Ready, aim, fire...

3rd Security Forces Squadron teaches Arctic Warriors how to protect themselves, others

By Senior Airman Amy Morrissette
3rd Wing Public Affairs

Information and system security, physical security and the military working dog program – these are all examples of the variety of ways the 3rd Security Forces helps to ensure the Wing's people are protected. However, security forces also perform another vital task that is not often thought of when thinking about them: weapons training.

Weapons training is a requirement by the Air Force, and it's all performed in a building commonly referred to as "the range."

According to Staff Sgt. Charles Dye, 3rd SFS weapons training instructor at the range, there are many different courses offered at the range and about 5,000 Arctic Warriors will visit each year.

"The most common weapons qualification courses we teach are the M-9 and M-16, as well as the M-11 practical pistol course for Office of Special Investigations personnel," he said.

"We also offer specialized training courses, such as the M-870 (shotgun course) for base wildlife agents, OSI and security forces members. Security forces must also qualify for the M-4 (tactical rifle qualification course), M-203 grenade launcher, machine gun, and all sorts of other Air Force weap-

ons," said Sergeant Dye.

When people first visit the range for their training, the day starts with about four hours of classroom instruction. "In the classroom, they will learn weapons safety, characteristics, types and usage of ammunition, disassembly and assembly, the fundamentals of marksmanship and more," said Staff Sgt. Lester Yost, 3rd SFS weapons training instructor.

The next half of the visit is devoted to firing a weapon and cleaning it. "On the firing line, they will have the opportunity to put all that knowledge to use. Each course basically consists of a practice phase and a qualification phase," added Sergeant Yost.

When the team isn't teaching, they are keeping busy doing all sorts of weapons-related things. "We also conduct weapon maintenance for all small arms on base, including annual, pre- and post-deployment inspections, which consists of inspecting for serviceability, cleanliness, and gauging to ensure the weapons meet specific requirements," said Staff Sgt. Jeffrey Frink, 3rd SFS weapons training instructor.

"Our combat arms division is also responsible for maintaining multiple accounts such as scheduling, weapon parts, training munitions, the Precision Measurement Equipment Laboratory, and armory operations."



HOTOS BY AIRMAN 1ST CLASS GARRETTE HOTHAN

Above: Staff Sgt. Brian Obst, 3rd SFS, gives instructions to those qualifying on the M-16 in the Control Room of the Combat Arms training range.

Center: Airman 1st Class Steven Mason, 3rd Logistics Readiness Squadron, and Tech. Sgt. Lance Kagele, 3rd LRS, load ammunition into a magazine prior to firing the M-16 during qualification at the range.

On the cover: Staff Sgt. Charles Dye, 3rd SFS, demonstrates the firing position of the .50 caliber machine gun.

Weapons display

As part of National Police Week activities which runs Monday-May 20, the 3rd Security Forces Squadron in conjunction with Ft. Richardson Military Police, will have a weapons and equipment display at the Joint Military Mall Wednesday from noon-6 p.m.

There will also be military working dog demonstrations at 2 and 4 p.m. For more information, call Staff Sgt. Chris Knabe at 552-0286.







Above: Staff Sgt. Charles Dye, 3rd SFS, examins a target with a student to see where any adjustments might need to be made to the sights of the M-16 prior to shooting for qualification.

Left: Staff Sgt. Lester Yost, 3rd SFS, explains the characteristics of the ammunition used for the M-16. Classroom instruction is given to all students prior to firing any weapon.



Outdoor Rec prepares for summer

.::spotlight ...:...

By Mrs. Mary Rall 3rd Services Marketing

The days of summer may be long, but the time to enjoy the season is brief.

That's why many find it so important to make the most of every second of sunshine by getting outdoors and enjoying the fleeting season as soon as possible.

However, because there's so much to do in so little time, it may be hard to know exactly how to start the summer fun.

The staff at Outdoor Recreation knows how difficult a decision like that can be and wants to point people in the right direction at the facility's Open House Saturday from 9 a.m. to 1 p.m.

Outdoor Recreation is located in Building 7301 on Fighter Drive and has almost everything one needs to help them make the most of their

Also, those who visit the

open house will not only have an opportunity to see all the facility has to offer, and have some free hotdogs and movie-style popcorn while they explore.

One of the better ways to enjoy all that Alaska has to offer during this peak season is to take to the trails by hopping on a bike.

Those with a big desire for fun but with only a little cash in their pockets can also let the Outdoor Recreation's staff lead the way with free guided bike trail rides.

The free scenic trips are for road and mountain bikes throughout the season and will explore some of the local trail systems.

Once you've had a chance to explore the Anchorage area, you can venture out a little further by taking part in Eklutna Bike Trip May 28 at 9 a.m. for \$10 per person. Participants who don't have a bike may rent one from the Outdoor Recreation Center.

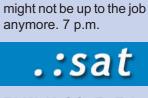
Although company can add a little something extra to any adventure, Outdoor Recreation has all the supplies you need to help one make the most of a solo experience

With items available for rental such as boats, campers, super cookers, canopies, bicycles, and camping, sports, fishing, and picnic gear, there is something for every type of summer fun.

A deposit is required for all vehicles, and training requirements must be met for boats and campers.

Individuals shouldn't cast a line without picking up a fishing license, tackle, and stamps for fishing the base lakes as well.

Make your summer all it can by stopping by Outdoor Recreation and getting it off on the right foot, peddle, or paddle. For more information on these or other Outdoor Recreation services or programming, call 552-2023.



SWIM RELAY: Join us for a 200-Freestyle Mixed Relay swimming event at

1 p.m. at the Fitness

Center. Form your team

and compete to see

which is the fastest.

Prizes will be awarded

for all competitors.

Congeniality 2: Armed

and Fabulous (PG-13)

The story catches up with

an FBI agent. When her

friends, pageant winner

Cheryl and emcee Stan,

are kidnapped in Las

Vegas, Gracie's all-out

efforts to jump back into

action to save them puts

her at loggerheads with

the FBI top brass who

don't want to risk losing

their mascot and fear she

Miss

552-5353

MOVIE:

FAMILY GOLF: Take on the little links at a Micro Golf Tournament at 1 p.m. at the Arctic Oasis Community Center. There is a \$5 fee for this parent, child tournament, which is open to the first 18 registered teams. 552-8529

MOVIE: Guess Who (PG-13) Percy is taking no chances with his daughter Theresa's future. Even before he meets Simon, her latest boyfriend, Percy has him checked out. On paper, he passes with flying colors -- great job, good investments and a promising future. 7 p.m.



.:: inside the fence

Belly Dancing Class, Today at 6:30 p.m. at the Arctic Oasis Community Center. 552-8529 PACAF Teen Lock-in, Today at the Youth Center, hosted by the Young Adult Center. 753-2371

Bike Maintenance Class, Today at 1 p.m. for \$5 at Outdoor Recreation. 552-2023

Outdoor Recreation Open house, Saturday from 9 a.m. to 1 p.m. at Outdoor Recreation. 552-2023

Sunday Brunch, Sunday with reservations beginning at 10:30 a.m. at the Susitna Club. 753-3131

Graphics Design Digital Arts Fest, Sunday-May 20 at the Young Adult Center. 753-2371

Road Bike Training, Monday at 5:30 p.m. for \$10 at Outdoor Recreation. 552-2023

Outdoor Soccer and Volleyball Registration Begins, Monday at the Youth Center. 552-2266

Take It and Make It Crafts, Tuesday at the Library. 552-3787

Beginning Embroidery Stitches, Tuesday from 6:30-8:30 p.m. for \$15 at the Arts and Crafts Center. 552-7012 Preschool Story Hour, Tuesday at 10:30 a.m. at the Library. 552-3787

New Parent Orientations, Wednesday at 10:30 a.m. at the Denali and Sitka CDCs. 552-8304

National Play Day for Health, Wednesday at 4 p.m. at the Youth Center, 552-2266

Introduction to Picture Framing, Wednesday from 5:30-9:30 p.m. for \$40 at the Arts and Crafts Center. 552-7012

Family Night Buffet, Thursday at the Susitna Club. 753-3131

Boss and Buddy Night, Thursday at 4:30 p.m. at the Kashim Club. 753-3131

Beginning Crystal Bracelet, Thursday and May 26 from 4:30-6 p.m. for \$25, and a bracelet kit for \$9.95 at the Arts and Crafts Center. 552-7012 **Homeschool Pottery** Continued, Thursday at

2 p.m. for \$15 at the Arts and Crafts Center. 552-7012 Morning Coffee

Conversation, Thursday from 10:30-11:30 a.m. at the Arctic Oasis Community Center. 552-8529

Mountain Bike Training, Thursday at 5:30 p.m. for \$10 at Outdoor Recreation. 552-2023

Retiree Appreciation Night, May 20 retirees receive 20 percent off at the Susitna Club. 753-3131

Belly Dancing Class, May 20 at 6:30 p.m. at the Arctic Oasis Community Center. 552-8529

Armed Forces 5K Fun Run, May 20 at noon at the Fitness Center. 552-5353

Freedom Blooms Box Tole Painting, May 20 and 27 from 6:30-9 p.m. for \$35 at the Arts and Crafts Center. 552-7012

One Stroke Painting Carnations, May 20 from 5:15-6:35 p.m. for \$35 at the Arts and Crafts Center. 552-7012

Bike Maintenance Class, May 20 at 1 p.m. for \$5 at Outdoor Recreation. 552-2023

Bench Your Bodyweight Competition, May 20 with sign-ups at noon at the Fitness Center. 552-5353

CGOC Night, May 20 at The Cave. 753-3131

F2W America's Kids Run, May 20 at 4 p.m. at the Youth Center. 552-2266

.:sun

PRO CLINIC: Join us for a free Meet the Pro Clinic from 11 a.m. to 1 p.m. and welcome Robert (Nelly) Nelson, Eagleglen's new teaching professional. This is a great opportunity to learn how to improve their game and learn more about clinics, golf schools and lessons. 552-3821

MOVIE: Guess Who (PG-13) See above movie description. 7 p.m.

JUNIOR GOLF: Signups for Junior Golf will begin Monday for youth 7-17. These weekly lessons begin a week after school lets out, run for six weeks and include a Fun Golf Tournament. This event is \$80 for the first child and \$60 for the second child from each family. 552-3821

APIs in Uniform

By 1st Lt. Tony Wickman Alaskan Command Public Affairs

ACROSS

- 1. Bar bill 4. Prohibit
- 7. Chinese action star ___ Li
- 10. Hawaiian city
- 11. Made a mistake
- 13. After school snack
- 15. Fe on periodic table
- 16. Island country of southern Pacific
- included in API month
- 17. Hurt
- 18. Mil. field doctors
- 20. Czech Republic natives
- 22. Expression of triumph
- 24. Mining result
- 25. Japanese-American MOH recipient/ Senator Daniel
- 28. Not a chance!
- 32. Bank insurer
- 33. Shiny fabric
- 35. Music group Sha
- 37. Credit, as in research
- 38. Mil. area separating ROK/DPRK

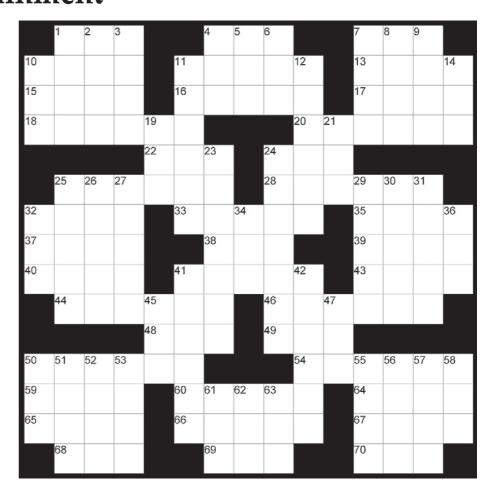


Last week's solution

- 39. General's helper
- 40. Mrs. Dithers in Blondie
- 41. Liaison
- 43. Coll. teacher
- 44. Tennis player Seles
- 46. Grovel
- 48. Dog star __ Tin Tin
- 49. Crazy ____ loon
- 50. Deposited a check
- 54. Breath
- 59. Sad
- 60. Model
- 64. Mil. quick
- 65. Oracle
- 66. USN first woman gunnery officer Asian-American Susan Ahn
- 67. Columbus ship
- 68. First Chinese American officer in
- USMC Carl Wilbur
- 69. SECDEF's office symbol
- 70. Gallivant

DOWN

- 1. Ripped
- 2. Head movement (2 words)
- 3. Disallow
- 4. Women's swimsuit part
- 5. Appendage
- 6. Mil. movement of noncombatants
- 7. Filipino Army Sgt. __ Calugas; WWII MOH recipient
- 8. Japanese-American Gen. __ Shinseki;
- former Army Chief of Staff
- 9. Type of USAF Sgt.
- 10. First Asian-American to command combat battalion COL Young Oak
- 11. Editorials
- 12. Synthetic fiber
- 14. Approves, in short
- 19. Chinese-American USECDEF for Personnel Dr. David S.C.
- 21. Pulp Fiction character
- 23. Honcho
- 24. First Asian-American in space Japa-



nese-American Ellison 25. Tongue 26. Containing the univalent group NO2 27. Pacific ____; water surrounding API month countries

- 29. Unsuitable
- 30. Egyptian city
- 31. Fund
- 32. Fed. communications watchdog
- 34. Mil. moving organization
- 36. USAF deployment set
- 41. Sour or tart
- 42. Happily
- 45. Fury

- 47. Pale
- 50. NBC rival
- 51. Pub orders
- 52. Middle East canal 53. X marks the spot
- 55. First Civil War Asian-American USN
- enlistee William Ah
- 56. Continent/region from where most
- APIs hail
- 57. Touch down, as in a plane
- 58. Fed. environment watchdog
- 61. Couple
- 62. Norton and Harris
- 63. Compute





PHOTOS BY STAFF SGT. PRENTICE COLTER

Run Spot! Run!

Above: Arctic Warriors participate in the Pet Fun Run Saturday. This 5K run/walk was just one of the many activities scheduled for Fitness Month, hosted by the Fitness Center. See the list below for additional activities.

Below: Michelle Hoyt, 381st Intelligence Squadron, runs with her two dogs.



Fitness Activities Month

Freestyle Mixed Relay Swimming — Form a team and compete to see which is the fastest today at 1 p.m. Prizes will be awarded to all competitors

Armed Forces 5K Run — May 20 at noon. Prizes will be awarded to all competitors

Bench Your Own Weight Contest — See who can bench their weight the most number of repetitions May 20. Sign-ups will begin at noon and the competition will start at 12:30 p.m. Prizes will be offered to all competitors

PT Challenge — Squadrons can send their best and most fit competitors for men's and women's Fitness Test events to see who is the fittest person on base May 26 at noon. Participants will do a timed run, and as many push-ups and sit-ups as they can. Prizes will be given away to the top three competitors

Tour De Elmendorf Cycling — Bicycle in a 9.2-mile race May 27 at 9 a.m. and a 17.4-mile race May 28 at 9 a.m. Prizes will be awarded to all competitors.

Call the Fitness Center at 552-3504 for more information

Intramural Playoffs

Darts

The following teams made it to the playoffs:

3rd 0SS 611th AOG 3rd EMS 3rd CS-A 732nd AMS 3rd CES 3rd LRS "Misfits"

** The championship game is Wednesday at 5:30 p.m.

Volleyball

The following teams made it to the playoffs:

611th CES 3rd SVS 3rd OSS 381st IS-A 3rd EMS-1 3rd CES 3rd LRS 962nd AACS

** The championship game is tonight at 5 p.m.

Bowling Standings

TEAMS	TOTAL
962nd AACS	11975
381st IS-A	11880
611th AOG-A	11828
703rd AMXS	11746
3rd CPTS	11529
3rd OSS	11450
3rd CSS/SCS-A	11421

^{**} Current as of May 6.